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Persistent Adverse Mental and Physical Health Outcomes Are Common among Women after Sexual Assault

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Authors

Riviello, R
Sullivan, J
Bhatt, K
[et al.](#)

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from an overnight schedule. While senior residents may be more adept at dealing with fatigue, more work is needed to determine if they suffer more subtle deficits from sleep deprivation.

12 Providers at Triage Are Associated with a Reduction in the Left Without Being Seen Rate

O'Connor RE, Riordan JP, Vinton DT, Hardigree SF, K Braden / University of Virginia, Department of Emergency Medicine, Charlottesville, VA,

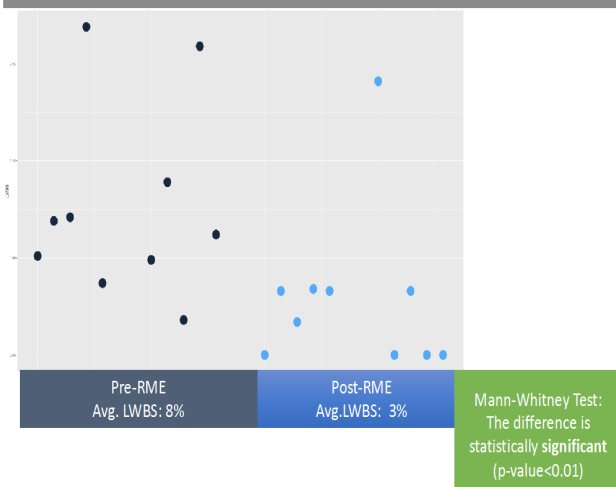
Objective: Patients who leave prior to being seen by a physician are at risk for poor outcome. While the reasons for this can be multifactorial, one solution we explored is the stationing of physicians at triage. We conducted this study to measure the impact of pilot faculty providers in triage during peak hours to see if they could decrease the number of patients leaving prior to being seen, improve overall throughput and increase patient experience scores.

Design: We conducted a pre/post quality improvement project at an academic emergency department. Faculty staffed a five-bed rapid medical evaluation unit Monday-Friday from 1pm-7pm for two weeks. Providers saw patients on arrival during the triage process and initiated care. The left-without-being-seen rate was measured during the hours that the rapid medical evaluation unit was staffed. We compared this intervention to a historical control of like days and times from the preceding period. We performed statistical analysis using the Mann-Whitney U-test.

Results: A total of 2,000 patients were treated during the study period. The left-without-being-seen rate decreased from 8% pre-pilot to 3% post-pilot ($p < 0.01$).

Conclusion: Faculty physicians at triage are associated with a decrease in the percentage of patients who leave without being seen.

Left without being seen rate: Pre-RME vs. Post-RME



13 Persistent Adverse Mental and Physical Health Outcomes Are Common among Women after Sexual Assault

Riviello R, Sullivan J, Bhatt K, Maltez B, D'Anza T, Bell K, Lechner M, Reese R, Buchanan J, Ho J, Rossi C, Nouhan P, Platt M, Phillips C, Black J, Reed G, McLean SA

Objective: Emergency departments around the world provide care to women who present for evaluation in the immediate aftermath of sexual assault. However, to date no prospective longitudinal studies of such women have been performed, and adverse mental and physical health outcomes after emergency care remain poorly understood. We report interim results regarding such health outcomes, using data from The Women's Health Study, the first large-scale prospective longitudinal study of women sexual assault survivors receiving emergency care after sexual assault.

Design and Method: Women sexual assault survivors ≥ 18 years of age who presented for emergency care within 72 hours of assault to one of the 13 leading U.S. sexual assault centers in the Better Tomorrow Network were enrolled. Protocol evaluation included assessment at the time of presentation for emergency care and follow-up visits one week and six weeks post-assault. The one-week and six-week questionnaires included assessments of pain and somatic symptoms (0-10 NRS) during the week prior to and six weeks after the assault. The six-week evaluation included the validated Patient-Reported Outcomes Measurement Information System (PROMIS) 8b depression, PROMIS 8b anxiety, and PCL-S DSM-IV post-traumatic stress questionnaires.

Results: Data from 254 patients were available at the time of analysis. Among participants with data available at the time of these analyses [mean(SD) age = 28(10)], the majority were European American [155/201 (61%)]. Six weeks after assault, clinically significant adverse health outcomes were common among participants. Moderate/severe depressive symptoms were present in 109/201 (54%), moderate/severe anxiety symptoms in 122/201 (61%), post-traumatic stress symptoms in 164/201 (82%), and worsening pain in 87/201 (43%) of women. Worsening pain was defined as an increase in pain of ≥ 2 units on a 0-10 numeric rating scale.

Conclusion: These results suggest that adverse mental and physical health outcomes are common and morbid among sexual assault survivors. Future analyses will include the full participant sample and later follow-up time points.